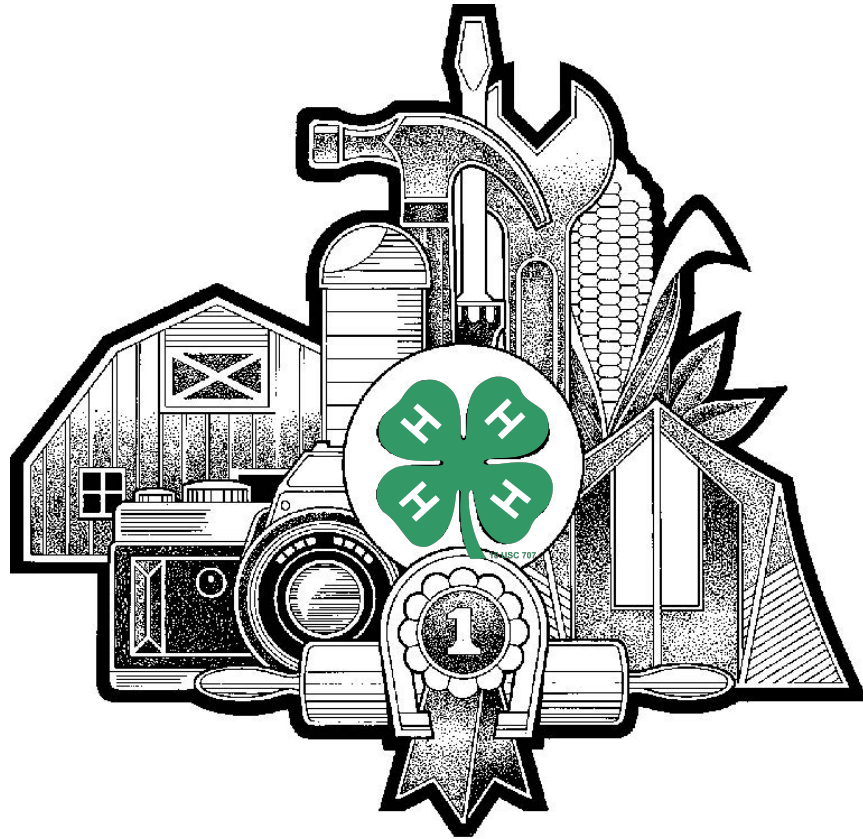


# Robertson County 4-H Handbook

*Rules and Guidelines for 4-H Programs*



Your Name \_\_\_\_\_

Club \_\_\_\_\_



ROBERTSON COUNTY  
**UT**EXTENSION  
INSTITUTE OF AGRICULTURE  
THE UNIVERSITY OF TENNESSEE

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.  
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.  
UT Extension provides equal opportunities in programs and employment.

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**Just a note about financial support...**

- ☆ United Way of Robertson County supports 4-H - if you are interested, you can designate your contribution to Robertson County 4-H.
- ☆ 4-H is a participant in the Kroger Community Rewards program. Just sign up at your kroger.com website and search for Robertson County 4-H
- ☆ Spring and Fall Paper Clover Campaigns are conducted at Tractor Supply in Springfield. Support 4-H when you add a \$1 to your check out.
- ☆ Call 384-7936 for more information.



## Welcome to 4-H



Hello 4-H Member and Parent,

We are your 4-H Extension Agents, two of the leaders you will see this year along with 4-H adult and teen volunteers. We want to make your year in 4-H successful and fun. Robertson County 4-H is part of the youth program of The University of Tennessee. Parents interested in volunteer opportunities, please contact us.

You will have learning experiences in the club meeting with learning assignments to complete outside the club and bring to the next meeting. The in-club experiences focus on communication skills. The out-of-club experiences include completing your project folder. It is more fun to find a 4-H friend that you can team up on your project folder. From time to time, optional extra activities are offered outside of school. For more information on other 4-H activities, turn in the For More Information sheet. If you have questions, give us a call or send an e-mail.

Sincerely,

*Ms. Sam*

Sam Teets  
Extension Agent-4H

*Mr. Timmy*

Timmy Mann  
Extension Agent-4H

## Contact Information

Robertson County Extension Service  
408 North Main Street  
Springfield, TN 37172

Phone: 615-384-7936

Fax: 615-384-2941

E-Mail: samjknig@utk.edu, tmann1@utk.edu

### Robertson County Extension Web Page

[robertson.tennessee.edu](http://robertson.tennessee.edu)

Tennessee 4-H Web Page

[www.utextension.utk.edu/4H](http://www.utextension.utk.edu/4H)

Central Region 4-H Web Page

[www.utextension.utk.edu/central/](http://www.utextension.utk.edu/central/)



UT Extension-Robertson  
Robertson County TN 4-H



Robertson4HTN



Instagram

robco4h

## Robertson County Extension Staff

Mr. Jeff Smith, County Director, Agriculture

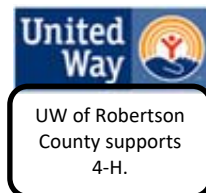
Mrs. Lauren Patterson, Extension Agent, Family & Consumer Science

Mr. Timmy Mann, Extension Agent, 4-H

Mrs. Sam Teets, Extension Agent, 4-H

Ms. Hannah Corn & Ms. Crystal Moore, Administrative Assistants

Ms. Clarissa Gardner, Site Director, 21st Century Afterschool



# What You Need to Know

Emblem:



4-H Colors: Green and White

Motto: "To Make the Best Better"

Slogan: "Learn by Doing"

Pledge:

"I pledge... My Head to clearer thinking,  
My Heart to greater loyalty,  
My Hands to larger service  
and My Health to better living  
For my club, my community, my country, and my world."

Visit the 4-H yearbook online  
at  
[www.robertson.tennessee.edu](http://www.robertson.tennessee.edu)  
for more information.

## Club Meeting Dates

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## Club of the Year Award

Help your club earn points by participating in your local club meetings and completing a service project.

## Win the 100% Member Award

4th grade - 4-H slingpack  
5th grade - 4-H prize (TBD)  
6th grade & up - 4-H award

Get your name in a drawing to win a trip to 4-H Summer Camp

Complete the following communications activities to be a 100% member.

- Speaking Contest
- 4-H Poster Art
- Demonstration (4th - 5th) Exhibit (6th—8th)
- Turn in your 4-H folder

## *4-H Calendar*

1st Meeting - Enrollment and Officer Election  
2nd Meeting - Speaking Contest  
3rd Meeting - 4-H Poster Art and Camp Promotion

4th Meeting - Demonstration/Exhibit Contest  
Project Folder

\* Virtual Final Projects - Choice of Photography, Dairy Poster Art, or Baking (to be determined)





## Songs to Sing

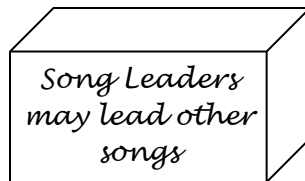
### I'm A Nut

I'm an acorn, small and round  
Lying on the cold, cold ground  
Everyone walks over me  
That is why I'm cracked you see

I'm a nut! (click, click) [with tongue]  
I'm a nut! (click, click)  
I'm a nut! (click, click)

Called myself on the telephone  
Just to hear my golden tone  
Asked me out for a little date  
Picked me up about half past eight  
(Repeat Chorus)

Took myself to the movie show,  
Stayed too late and said "Let's go"  
Took my hand and led me out  
Drove me home and gave a shout!  
(Repeat Chorus)



### Take Me Out to 4-H Camp

Take me out to 4-H Camp  
Take me out to the crowd.  
Swimming and crafts are so much fun.  
Cleaning our cabins just never gets done.  
So its root, root, root for your cabin,  
If they don't win, it's a shame.  
For it's one, two, three meals a day at the dining  
hall.

Camp is great in the summer, we have tons of fun  
here!  
There are campfires; we sing lots of songs;  
tubing and swimming we're out all day long.  
So it's spray, spray, spray with repellent, if you  
don't you will pay!  
Cause it's one, two, three skeeter bites at the 4-H  
camp!

### Row, Row, Row Your Boat

*This is a fun song to sing as a round—three  
groups starting at different times—or sing  
over an over again and drop a word each  
time.*

### Bingo

*There was a farmer who had a dog  
And Bingo was his name-o.  
B-I-N-G-O  
B-I-N-G-O  
B-I-N-G-O  
And Bingo was his name-o*



*Repeat -each time you sing the next verse substi-  
tute a letter with a clap.*

### If Your're Happy

*If you're happy and you know it  
Clap your hands  
If you're happy and you know it Clap your hands  
If you're happy and you know it  
And you really want to show it  
If you're happy and you know it  
Clap your hands*

*Continue in a similar manner  
If you're happy and you know it  
Stomp your feet.  
If you're happy and you know it  
Shout "Hooray!"  
If you're happy and you know it  
Do all three*



### Boom Chicka Boom

*I said a boom chicka boom (echo) I said a boom  
chicka boom (echo)  
Isaid a booma chicka Rocka chicka Rocka chicka  
boom (echo) - Oh yeah (echo) Uh huh (echo)  
One more time (echo) \_\_\_\_\_ style (echo)*

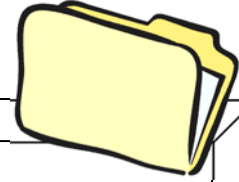
*Different styles: Loud, Whisper, Southern, Valley  
Girl, Opera, Attitude, British, Rocket, Harley, Jani-  
torial, Teacher.*

# Start Your Personal 4-H Project

## What is a 4-H project?

A project is an area of interest that a 4-H member chooses beginning in 5th Grade.

Although project work is independent study, you can ask an adult or teen leader, your parent, Ms. Kathy or Mr. Timmy if you need help. There are 27 projects.



*Get started with your 4-H folder—decorate it for your 4-H project. Use it for all your project materials and activities.*

## Follow These Steps to a Successful 4-H Project...

**Step 1:** Using the “Project Plan Worksheet”, set three goals (use the project activity page suggestions or come up with your own.) Considering your resources, your goal should be specific, use action words, and have a goal date.

*My 4-H Project is*

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**Step 2:** For each goal, write an action plan—how you will accomplish your goal.

**Step 4:** Get busy reaching your goals. Follow your action plan. Complete your Activity Page. Go to the Tennessee 4-H project page for more resources.

**Step 3:** Record your work on the worksheet form. Write your story to tell what you accomplished, learned, or why it did not work.

[https://4h.tennessee.edu/  
Pages/4HProjects.aspx](https://4h.tennessee.edu/Pages/4HProjects.aspx)

**Step 5:** Before you turn in your project folder—include any extra work that you did. Turn in your 4-H project folder with the activity page and the project worksheet at your 4th club meeting.

*Achieved Goal  
Successfully*

## 4-H Project Portfolios (6th grade and up)

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**GOALS:** To develop record keeping skills, written communication skills, participate in peer competitions and be recognized for project achievement. Another goal is to take your project folder to the next level.

The **4-H project portfolio** is for 4-H members who wish to be recognized in peer competition for outstanding project work. Detailed information on completing a project portfolio and profile forms can be found at the the Tennessee 4-H website at [www.utextension.utk.edu/4h](http://www.utextension.utk.edu/4h) under forms and under programs. Junior High is the first level of competition—Junior High (6th—8th grade). In high school, your portfolio can be submitted to win scholarships, awards and/or trips and help you receive academic credit on your high school transcript.

### STEPS

1. Keep a record of everything you do related to your 4-H project, leadership, citizenship and 4-H in general. A calendar is a good tool to use.
2. Go to the 4-H website to retrieve the guidelines for putting together a portfolio and the appropriate forms (Form 305, 305A, 305B, and 305C)
3. Attend a portfolio workshop or visit with Mr. Timmy or Mrs. Kathy for help.



### Deadlines

#### **NEW: create and submit website portfolio**

Junior high portfolios are due in March. Academic Conference applications (includes part of portfolio) are due in March. Senior high portfolios in Citizenship and Leadership are due January 30. All other project portfolios are due May 1.

# 4th Grade 4-H Public Speaking Contest

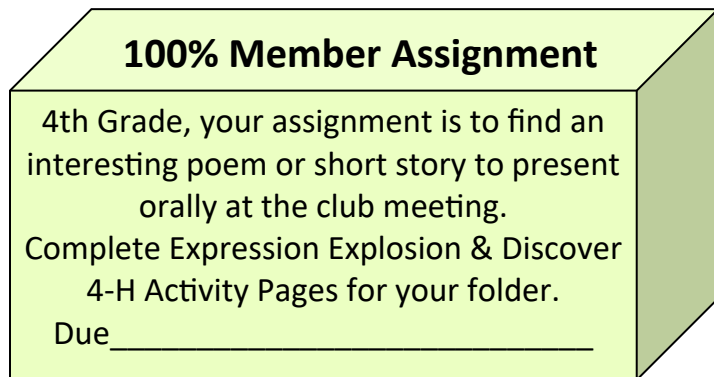
GOAL: To improve verbal communication skills and build self-confidence by focusing on delivery skills when speaking to a group.



Communication is very important. It is how we let each other know what we are thinking, what we are feeling, and what is happening to us. What we do with our voice and our body language can also help us get our point across.

Unscramble these words to find ways we can use our voice to communicate:

1. ento \_\_\_\_\_
2. eesdp \_\_\_\_\_
3. omuevl \_\_\_\_\_
4. tersss \_\_\_\_\_
5. cpthi \_\_\_\_\_
6. trmhyh \_\_\_\_\_



## Rules:

1. Choose something to read that will last **1 minute**—a poem, short story or part of a book for your reading. Choose something interesting.
2. Practice reading aloud, using lots of expression, and speaking loud enough for the audience in the back of the room to hear you.
3. Stand up straight when you speak, don't lean against the wall and don't wiggle or rock back and forth. Be sure you can pronounce all the words.
4. Speakers advancing to the county will write their own speech for the county contest. *(Refer to the 5th grade rules for county contest.)*

**TIPS** for anyone making an oral presentation—a speech, a report, a reading, a part in a play or skit, etc.

- ☆ Ask your parent, older brother or sister, or friend to listen to your speech and **PRACTICE ... PRACTICE ...PRACTICE!!!**
- ☆ On the day of the contest, speak up and try to make "**eye contact**" with the audience. Your voice and your body language help you to communicate. Think about how you can use tone, speed, rhythm, pitch, stress, and volume to keep your audience interested.



## 4-H Public Speaking Contest (5th grade and up)

GOAL: To improve verbal communication skills by writing and giving a speech in 4-H.

1. **On what?** Topic is OPEN— to the discretion of the speaker. Topic ideas include 4-H, environment, patriotism, bullying, character, service, your hero, teamwork, current issue that affects you and your friends, or any other topic that you are interested in. You might consider relating your speech to one of the Six Pillars of Character (*Responsibility, Respect, Trustworthiness, Fairness, Caring and Citizenship*). **Senior High speakers must have a speech about 4-H.**

2. **How long?** 5th Grade Speeches should be 1-3 minutes at the local contest and about 2-5 minutes at the county. The 6th - 12th speeches should be 2-7 minutes.



3. **Organize** your thoughts and make notes to help you communicate better with your audience. If necessary use 3x5 note cards - BUT don't plan to read every word.

4. More ideas at [robertson.tennessee.edu](http://robertson.tennessee.edu).

5. *Senior High only: Competition includes prepared speech and extemporaneous speech (given a topic on the spot - 1 minute to prepare, 2 minutes to speak)*

6. **Be sure you have:**

- ☆ **an introduction (to get everyone's attention & give the main idea).**
- ☆ **your information well-organized in the body of the speech. Make three to five points about the topic that should include reasons why they are important.**
- ☆ **a closing to end the speech, remind the audience of your main points and share your feelings about the topic.**

### County 4-H Speech Contest

Details will be sent to qualifying speakers.  
Top two county winners will advance to the  
Sub-Regional Public Speaking Contest.

### 100% Member Assignment

Your assignment is to write a speech and present it at the club meeting. Work on your project goals and put your work in your folder.

Due \_\_\_\_\_

# 4-H Poster Art - Two Options

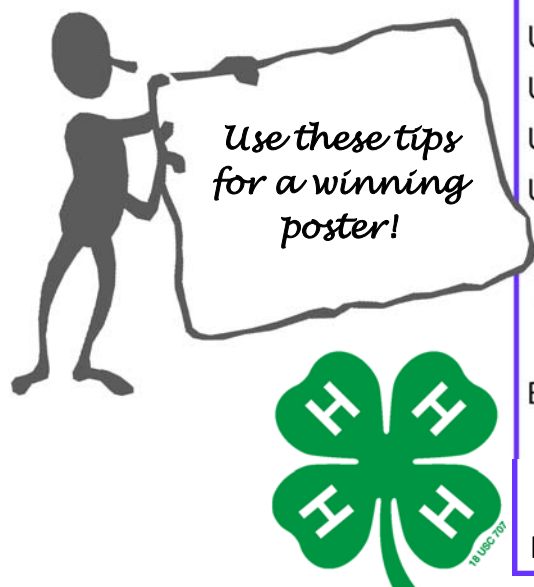
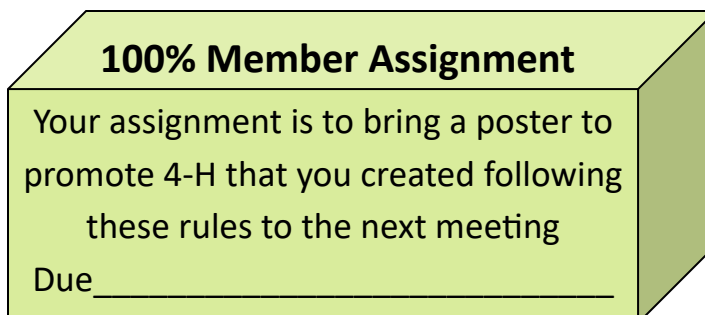
GOAL: To learn the importance of communicating visually.

## Rules

1. Only one 4-H'er may work on a poster.  
One entry per member.
2. **Regular Poster** must be 14x22 inches.  
**Digital Poster** and Regular Poster must be horizontal/landscaped.
3. Your poster must say something about

4-H - it should have a short, catchy title or theme and artwork to illustrate your idea and include at least one 4-H clover. Look for clover patterns in this handbook or on the internet. The stem must be turned to the right.

4. Put your name, class, school and grade ON THE BACK OF THE POSTER.  
Name your digital file with your name, club, and school, *i.e.* JDoe\_Smith\_CHES



### BE NEAT! Keep regular poster for the county fair.

Use color.

Use simple words and messages.

Use a 4-H clover on your poster—*stem turns to the right*

Use lightly penciled guidelines for letters (top and bottom.)

Make your lettering easy to read with the smallest letters at least one inch tall.

Be creative - try to come up with an idea that no one else has used. Check out the rules/scorecard at

<https://4h.tennessee.edu/4-h-poster-art-contest/>

For digital, submit in pdf format to [tmann1@utk.edu](mailto:tmann1@utk.edu).

### Do Not Use...

- well-known cartoon figures
- anything that sticks out 1/8" or more
- loose glitter
- any letters or artwork on top of official clover
- small pictures that are hard to see
- crowded lettering and artwork
- letter printed vertically
- mixed up colors for letters in the same word

# Share Your 4-H Project - Demonstration (4th and 5th)

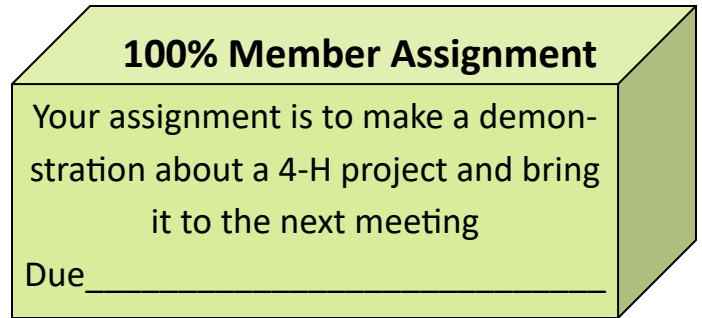


GOAL: To practice combining verbal & visual skills to communicate a message.

SHARE what you've learned with others.

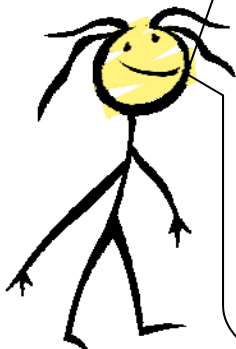
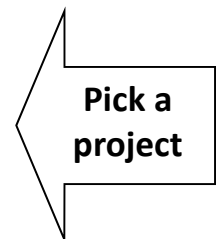
**Give a demonstration teaching one simple project idea.**

What is a demonstration? A demonstration is a talk that shows, one step at a time, how to do something while telling how to do it. Is it like a speech? Giving a demonstration is easier than giving a speech, because you can use visuals (posters, models, etc) while you are talking.



Beef  
 Citizenship  
 Clothing and Textiles  
 Communications/Public Speaking  
 Companion Animals (*cat, dog, and rabbits*)  
 Computers and Technology  
 Consumer Education/Economics  
 Dairy  
 Electric  
 Engineering/Safety Science  
 Entomology  
 Food Science  
 Forestry, Wildlife & Fisheries

Goat  
 Horse  
 Garden  
 Leadership/Personal Development  
 Line and Design  
 Nutrition/Health/Fitness  
 Performing Arts/Recreation  
 Photography  
 Plant Science  
 Poultry  
 Sheep  
 Swine  
 Veterinary Science



Here are a few rules:

- Demonstrations must relate to a 4-H topic (project) listed above.
- Time Limit—1-2 minutes at Club Level and 2-5 minutes at County Level
- No live animals!
- Must be an individual demonstration—**no teams**.
- Local club awards include participation, 1st, 2nd and 3rd place in each project represented in the contest.
- 4th & 5th Grade demonstration participants are eligible for the County Project Fair and a chance to go to the Sub-Regional Contest.
- Additional resources at [robertson.tennessee.edu](http://robertson.tennessee.edu)



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## Share Your Project with a Table-Top Exhibit (6th-12th grade)

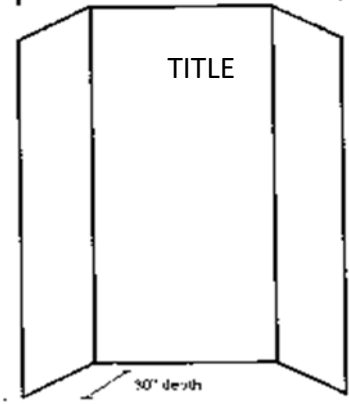
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GOAL: To practice combining verbal & visual skills to communicate a message.

Use the table-top exhibit to share one idea or concept you have learned in your 4-H project.

**Rules:**

- Required for middle school and optional for senior high. Senior high All Stars may also exhibit at State 4-H Round-Up.



- Exhibits must be displayable on a 3'x3' table top. The area from the table top to the floor may also be utilized.
- Exhibits should be "free standing." A tri-fold (science-type board) works well. You should not use the scientific method terminology for this exhibit.
- Give a brief oral explanation of your exhibit.
- Use color, bold lettering, and keep it simple. Construction paper works well as a background to items placed on the

board. Don't forget to include props on the table itself when needed to "get your message across."

- Bring your table-top to your club meeting or the County Project Fair to earn points for 100% member.

Report exhibits on the project profile page 305A. Examples include:

- Enter table-top exhibit in local, county and regional project fairs.
- Enter table-top exhibit in the county fair.
- Senior high All Stars can take an exhibit to Round-Up.
- Other exhibits could be...project photographs, newspaper articles, published recipes, animals, art and craft shows, fair entries, etc. that relate to your 4-H project.

# It's Time to Share Your Project Folder

GOAL: To develop record keeping skills and communicate by writing project achievements.



- ❑ Locate your 4-H project folder including your activity page or project book—and follow page 7.
- ❑ Be sure you have completed the project plan.
- ❑ Do the activities by yourself, with a friend or a family member. Put your work in your folder.
- ❑ Write down anything you do that is related to your project on your Form 540.

- ❑ When you complete your project plan submit your project folder to your 4-H leader—due at the 4th meeting.

## Why Keep Records?

- ❑ Develop a good habit
- ❑ Keep up with goal progress
- ❑ Share work with others
- ❑ Receive recognition
- ❑ As a 6th grader you can apply to be in the Tennessee Honor Club.

## What's in the Folder?

- ☆ Project Activity Page
- ☆ Project Worksheet
  - Goals
  - Story on the back
  - List of project activities

4th Grade Folder includes:  
Exploring Project Record & Story  
At least three of the Dig Deeper assignments

## 100% Member Assignment

Your assignment is to complete your project folder and turn it in at the 4th club meeting.

Due \_\_\_\_\_

Can't Find Your Project Activity Page?  
Go to [4-H.tennessee.edu](http://4-H.tennessee.edu) and click on Projects.



## 4-H Photo Search Contest

GOAL: To gain skills in communicating visual messages through photography.

### RULES:

- ☆ Submit 1 to 4 photos **that you took** and include a caption (title) for your entry.
- ☆ Mount each photo separately on an 8½ x 11 piece of cardstock/poster board.
- ☆ Put your name, class, school, grade on the back.
- ☆ Digital photography is acceptable. Be sure you print your digital photo, trim and mount as with other photos.
- ☆ Entries will be judged on neatness, following the rules, quality of photo.
- ☆ Be creative. Check out the “subject”, the background and the lighting, for best results. **NO SELFIES.**
- ☆ Local 1st, 2nd and 3rd. County 1st, 2nd and 3rd.
- ☆ **6th Grade & Up: Do Not Mount photo, which can be no larger than 5x7.**
- ☆ The top ten middle and high school winners will be submitted for state competition along with the official photo entry form.

### 5th Meeting Assignment

Photography is optional. You may choose to bring a photo you took and enter in the local contest. You may also choose to make a dairy poster.

Due \_\_\_\_\_



## Make a Dairy Poster

- ☆ Make a poster about milk or dairy products, how it is used in the diet, why it is important, what it does for you, etc. Be original.
- ☆ Use the theme shown below. **No 4-H Clovers.** Be original.
- ☆ Bring to your last meeting. Winning posters will be in the county contest.
- ☆ Posters should be 14 x 22 inches, no copyrighted cartoon characters or 3-D.
- ☆ County winner receives a t-shirt. *Past State Prizes: \$550, \$300, \$200*
- ☆ **This year's theme is - The Art of Dairy**

# 4-H Baking Contest

GOALS: To demonstrate the ability to follow directions by reading a recipe, measuring correctly and baking bread.



Bring baked goods that you mixed up and baked yourself at home to your last 4-H club meeting.

## Where do you begin?

- Ask your parent for permission to bake bread.
- Read the recipe carefully. Follow directions.
- Gather the ingredients and equipment needed.
- Wash your hands and work area. To kill germs, wash for 20 seconds.
- Be careful using the oven. Set the temperature before you start. Allow the oven to preheat before baking.
- Let your baked items cool completely, then seal in a plastic container or plastic bag to bring to the contest.
- Only submit the category for your grade. Entries of 3 must be the same recipe.



**4th Grade: Cornbread**—Bring 3, any shape—baked.

**5th Grade: Sweet Flour Muffins** (no cornmeal or yeast)

Bring three. Examples: blueberry, bran, chocolate, etc. It is better to bake your muffins without paper liners. Grease your muffin tins first and then pour your batter, filling the tins 2/3 full.

**6th Grade: Cookies** - bring 3.

**7th Grade: Quick Loaf Bread** -  
bring 1/2 loaf, unsliced

**8th Grade: Cupcake Wars** - bring 3

**Sr. High: Yeast Bread** - any shape

Recipe ideas and safe kitchen

tips are available at [robertson.tennessee.edu](http://robertson.tennessee.edu).

## 5th Meeting Assignment

Baking, like photography and dairy poster is optional. Choose to bake the bread for your grade and bring it to the 5th club meeting.

Due \_\_\_\_\_

## Middle and High School Recognition

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### Three Levels of Recognition in Tennessee 4-H

First Level—Honor Club

Second Level—All Stars

Third Level—Vol State



It all begins with Honor Club—you don't "win" but are recognized for your participation in 4-H—project work, leadership and service. Report 200 points on the application. Where do you get points for the Honor Club application?

Count everything you have done since the 4th grade, 4-H project related, plus leadership and citizenship activities. Application on the web.

### Annual County Awards Program

Each year Robertson County has an awards banquet in the fall to recognize participation for the previous year. Sixth grade and up 100% members will be invited, plus all county winners, regional and state participants are included. Volunteers and sponsors are also recognized. In addition, any Honor Club members who have completed their application in the previous year, will be invited to come to participate in the 4-H Honor Club installation ceremony.

**4-H Shooting Sports** groups are organized in Robertson County. Hunter safety education is required for shotgun and encouraged for all teams. State competitions will be scheduled. Trap and skeet shooting practices are scheduled throughout the year. Let us know of your interest. Certified volunteer leaders provided training and leadership for



the shotgun, BB Gun and archery teams. **Don't forget Target SMART Camp!**

**Contact Mr. Timmy Mann, [tmann1@utk.edu](mailto:tmann1@utk.edu), if you have questions.**

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## Judging Team Events and Activities

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**What's a judging team?** Three or four 4-H members come together to make a team. Members might be ranking animals or products as to quality, identifying items, and making decisions as individuals. The scores of each member are then compiled together as a team score.

**Coaches will provide training and practice sessions to help you learn about the contest and how you will judge in the event. Grade requirements vary from contest to contest.**

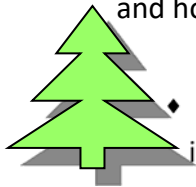
### *Sign Up at the Extension Office if Interested*

- ◆ **Judging Animals: Livestock, Dairy, Poultry, and Horse** are the options. Members are asked to place animals 1st, 2nd, 3rd, and 4th.



- ◆ **Wildlife judging:** Members will learn the food, cover, shelter, and other needs of different kinds of wildlife.

- ◆ **Land Judging:** Members will determine soil class, water holding capacity, slope, crop yields, and home site suitability.



- ◆ **Forestry:** Everything you need to know about trees begins here - join Mr. Timmy in building a Robertson County 4-H Forestry Judging Team.



- ◆ **Consumer Decision Making Judging:** Everyone is a shopper and this event works well with every 4-H project. Study materials are available online on the county website. This judging team has competitions for both junior high and senior high. The contest will be in September.

- ◆ **FCS Skillathon**—identify items from sewing/clothing, interior design and foods/cooking.

- ◆ **Outdoor Cookery:** Grilling is a popular way to prepare meat and poultry. Learn how to compete by learning best grilling techniques. Local contest at the County Fair.

- ◆ **Meats:** Where does a rib eye steak come from? Learn to identify wholesale and retail cuts of beef, pork and lamb, and also the best cooking methods for each cut.



- ◆ **Dairy Products:** 4-H members in the 7th-12th grade are eligible. Evaluate milk, cheese, ice cream and distinguish real from artificial dairy products.

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## More Camps /Conferences

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Get up-to-date camp information at <http://www.utextension.utk.edu/4H>

Electric Camp is a fun-filled, rewarding adventure in electricity held at the University of Tennessee, Knoxville. The camp features learning centers staffed by electric utility professionals. Each learning center will use hands-on activities that allow the 4-H members to learn by doing. Electric camp is for 4-H 'ers who are in grades 6-7 as of January 1 of the current calendar year.



### Electric Camp



### Target SMART

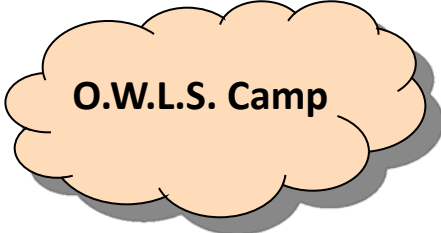
4-H Target SMART Camp is a program of [Tennessee 4-H Shooting Sports](#). It is for youth who are enrolled in grades 5-12. Located at the W.P. Ridley 4-H Center in Columbia, Tennessee, campers learn appropriate skills to succeed in a variety of shooting sports such as archery, rifle, shotgun use, muzzle loading, and outdoor skills. Programs emphasize safety, correct form, and responsible use of firearms.




### Adventure Camp Crossville

Join other Middle Tennessee 4-H'ers at Camp York in Crossville for Junior High Adventure Camp. Sixth-eighth graders can start the summer with an adventure! All camp grades are based on 1-1-20.

Middle and West Tennessee 6th—9th graders may choose to attend an outdoor and wildlife adventure camp in West Tennessee. This camp is geared to 4-H'ers who enjoy nature and want to experience the outdoors. The camp dates are June 1-4, 2021 (tentatively).



### O.W.L.S. Camp



### Culinary Camp

Learn about foods, nutrition and cooking a 4-H Culinary Camp. Culinary Camp has been very popular and typically there is a waiting list, so apply early.



## More 4-H Project Activities

***Important: If you are interested in any of these activities, please fill out the checklist at the end of this handbook or call the Extension Office at 384-7936.***

### Day Camps

Follow the Robertson County TN 4-H Facebook page for updated announcements about spring and fall break day camps, and summer activities, too.



### Junior 4-H Summer Camp

Junior Camp is for 4<sup>th</sup>-6<sup>th</sup> grade 4-H members and is held at Camp Ridley in **Columbia, TN., May 31-June 4, 2021.**

Activities include recreation, swimming, 100' water slide, rifle range, putt-putt golf, tubing, overnight camp-out, campfire, challenge course, crafts, airbrush t-shirts, zip-line, special programs and a chance to learn about different 4-H projects. Start saving your money for camp if you plan to go. The camp fee will be \$330 and includes transportation and a t-shirt. A three-payment plan is available starting Friday, March 1st. **Sign up is on a first come first serve basis as spaces are limited. All sign-ups will take place at the UT Extension Office.**

### Clover Style Show and Fun with Fashions

One is for modeling what you sew and the other is for modeling what you put together as an outfit for a specific occasion. Garments made from October 2020— August 2021 can be modeled in the Style Show at the County Fair. Categories include accessory, school wear and bestwear for 4th—12th. Beginner sewing sessions are offered in the summer. Fun with Fashions is open to 4th grade and up, categories are similar to those listed above. **The Regional Show for both style shows is in September.**



# Senior High Opportunities

*Middle and high school students are invited to attend the County Wide 4-H at the UT Extension Office - meetings are on the first Monday at 6:30 p.m. except July & Sept.*

## Tennessee Performing Arts Troupe



The **Tennessee 4-H Performing Arts Troupe** conducts auditions in the spring for singers and dancers who perform throughout the year and across the state. For more info, go to

<http://4hperformers.tennessee.edu/>. Audition in the spring.

**State 4-H Congress**— Learn about government—be a 4-H Senator or

Representative—at 4-H Congress. Active 4-H 9th and 10th graders may apply to attend a unique citizenship event held in Nashville in the spring—apply by February 1. Honor Club members can run for office, everyone can campaign, and debate bills in the State Capitol.



**State 4-H Round-Up**—All Stars and portfolio finalists attend State

Round-Up in the summer to compete for trips and scholarships, participate in service learning, and just have fun. It will be held in July. Turn in your portfolio to win a trip to Round-Up as a state finalist or you can attend as an All Star.

**4-H Healthy Lifestyle Ambassador**—Senior high members may apply to become a 4-H Healthy Lifestyle Ambassador - representing 4-H, teaching and delivering programs to youth utilizing leadership and citizenship skills. There are opportunities for ambassadors to go to the National 4-H Center in Washington, D.C.

**Southern Region Teen Leader Conference**—The Southern Region Teen Leadership Conference is a first-of-its-kind, multi-state 4-H conference created to bring together 4-H teens and adults to empower & inspire them to make a positive change across the southern region through youth-adult partnerships. Typically, held each fall, the website for more info is <http://4h.tennessee.edu/4hsrtlc/>.

# 4-H Spin Clubs

Check out one of the 4-H special interest (SPIN) clubs that may be available this year. These clubs may meet three or more times and are led by adult and teen volunteer leaders.

- **Sewing - TBA**
- **Lego Robotics**
- **VEX Robotics**
- **Photography - TBA**
- **Design - TBA**
- **Culinary - Summer, 2021**
- **Horse - meets monthly**

Contact the Extension Office if you are interested in a 4-H Spin Club.

## All Star Teen Retreats

Each Spring and Fall, the Central Region All Stars host an overnight retreat for 9th—12th graders. 4-H members from across the middle Tennessee counties attend to socialize, work on a service project, recognize state winners and graduating seniors and just have fun! Although you don't have to be an All Star to attend, new All Stars are initiated at these retreats. All Star motto is "Service."

**You don't have to be an All Star to attend the first time!**

## Academic Conference

Apply to attend Academic Conference held at UT Knoxville—includes a trip to Dollywood—focus on your 4-H project (limited projects). Application is on the TN 4-H Website plus attach your project profile (Form 305A) to WIN the trip! The conference will be in June. Academic Conference is for 6th—8th grades. Check out the project connections. Deadline to apply is April 1. Need help with application? Contact Ms. Kathy or Mr. Timmy.

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## 4-H Project Activities


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***Important: If you are interested in any of these activities, please fill out the checklist attached to the back of the yearbook or call the Extension Office at 384-7936 or e-mail [tmann1@utk.edu](mailto:tmann1@utk.edu) or [kbfinley@utk.edu](mailto:kbfinley@utk.edu).***


On the next few pages, a brief explanation is provided for 4-H events, activities, shows, etc. Detailed information will be sent as the event happens **IF** you let us know of your interest. Why are we telling you? Each of these unique opportunities are fun, hands-on education, and will support your 4-H project work.

### Share the Fun Talent Show

Ages 5-19 may enter the Share the Fun Talent Contest at the County Fair in dance, vocal or instrumental. Check out the Fair Catalog for details—online at [www.robertsoncountyfair.com](http://www.robertsoncountyfair.com).

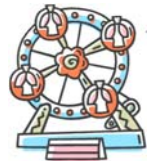


Project Connection  
Performing Arts/  
Recreation



September

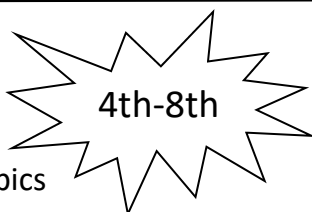
**Robertson County Fair** is FUN! All 4-H club members can enter exhibits in various departments including baking, crafts, art, photography, garden, sewing, canning, flowers, table-top exhibits, project posters and project books. There are animal shows including a pet show for everyone. Don't forget the Talent Show, Demo Derby, and the parade to name a few of the events. You can help at the fair, too, IF you let us know.



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### 4-H Clover Bowl

Look for Clover Bowl competition opportunities using the buzzer game system with teams of four. Study materials will be available. Topics include family and consumer science, agriculture, Tennessee History, and 4-H. School, county, and regional bowl competitions will be conducted. Ask your teacher or 4-H leader for details available in Fall, 2020. Google "Clover Bowl" to find the study questions or go to [robertson.tennessee.edu](http://robertson.tennessee.edu) to our Clover Bowl link. Get a head start!



4th-8th

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## 4-H Leadership Opportunities

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***Important:*** If you are interested in any of these activities, please fill out the checklist attached to the back of the yearbook or call the Extension Office at 384-7936.

### Healthy Lifestyles and 4-H Health Rocks

High school members are encouraged to develop leadership skills by volunteering to teach or conduct healthy lifestyles lessons. Robertson County has received three grants to provide educational programs on nutrition, health and fitness. Lesson plans and ideas for teaching are available. Earn credit for service hours for other school or extracurricular programs.

Opportunities to deliver educational lessons could be during school hours in a middle school health or wellness class, in an afterschool program, or as part of a project group. Health fairs or other special events provide single day opportunities to deliver healthy messages. Be a volunteer with Nutrition Adventures (a program offered to elementary schools by the Health Department.)



Project Connection  
Leadership  
Any Project

### Summer Fun Stops

Middle & HS members may assist an adult or teen leader to teach a Summer Fun Stop. Teens may teach an approved SFS of their choice. Summer workshops are offered with hands on activities for everyone. Look for summer fun shops about crafts, animals, cake decorating, blacksmithing, sewing, drama, art, citizenship, and more. Applications to teach a SFS are due by **April 1**. **Check the [robertson.tennessee.edu](http://robertson.tennessee.edu) website for an application.** **Here's what you need to know:** *What will you teach?* \_\_\_\_\_  
(Keep it simple)

*What date will you teach your SFS?* \_\_\_\_\_

*How many participants can you teach at one time?* \_\_\_\_\_

*Will you have to charge a fee? \_\_\_\_\_ How much?* \_\_\_\_\_

(Keep your costs low so the SFS is affordable—make it FUN!!)

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## 4-H Project Activities

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***Important:*** If you are interested in any of these activities, please fill out the checklist that is attached to the back of the yearbook or call the Extension Office at 384-7936.

### Showing Livestock

Learn more about the general care and training of livestock by showing. Exhibiting animals teaches youth skills such as selection, nutrition, record keeping, grooming, showmanship, and marketing.

- \* **County Steer Show**
- \* **Clarksville Area Beef Show**
- \* **4-H Expo (heifer, steer and market lamb)**
- \* **County & State Fair Shows (dairy, beef, hog, lamb, & goat)**



Project Connection  
Animal Science

Contact the 4-H Office immediately at 384-7936 if you are interested. Entry dates and tagging deadlines for some shows are December 1.

### Chick Chain



This project allows 4-H members to gain skills in responsibility and management by raising baby chicks for layers. The members who sign a contract for this project will receive 25



Project Connection  
Poultry

two-day old chicks in March to raise. Six quality pullets will be returned to the County Poultry Show and Sale at the County Fair in September. The money from the sale will fund the next year's chicks. All remaining chicks become the property of the 4-H member. **Deadline to apply is March 2.**



Project Connection  
Wildlife

### **F.A.C.E.**

 stands for food and cover es-

tablishment for wildlife. One 5# bag of seed will be given to each contestant. The plots should be planted in 1/8—1/4 acre plots, near water, and near tree and grass cover. The plots should be planted May 15—June 15, and judged by TWRA officer by August 15. **Contact the Extension Office by April 1.**

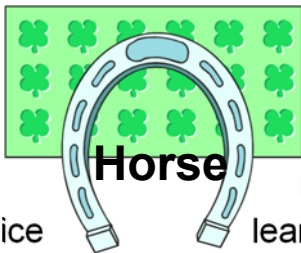
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## 4-H Project Activities

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***Important: If you are interested in any of these activities, turn in the checklist or call the Extension Office at 384-7936 immediately or e-mail [tmann1@utk.edu](mailto:tmann1@utk.edu) or [kbfinley@utk.edu](mailto:kbfinley@utk.edu).***

You can participate in the  
ings are held on the second  
about horses and horseman-  
include shows, Hippology and  
tests, special guests, and service  
**receive 2020 4-H show information, return the Horse Enrollment Form by April 1, 2021.** Forms are at the Extension Office.



Horse Club without a horse! Meet-Tuesday of each month. Learn ship and have fun, too. Activities horse Bowl Contests, judging con- learning projects. **IMPORTANT: To**

### Meat Goat

Project Connection  
Animal Science

Learn about raising and marketing meat goats. There are many opportunities to show goats in Middle Tennessee, including the Robertson County Fair.

### June is Dairy Month

Project Connection  
Food Science

There are lots of opportunities to celebrate June as dairy month. The 4-H June Dairy Month Chairperson provides leadership for the promotional activities. Anyone who is interested can volunteer to help teach "3-A-Day" fun sessions with young children, lead a cow-milking contest or an ice-cream eating contest, or put up posters about the value of including milk and milk products in a daily diet. Allen Jones is the June Dairy Month Chairperson.

### Service Learning Project

Take what you have learned in your project, and find a way to help others with your knowledge. Team up with your club members or friends to plan a service project to help your community, an individual, the environment, your school, a beneficial cause, etc.

Make a difference!



## FOR MORE INFORMATION TURN IN THIS CHECKLIST

1. Check the 4-H activities in which you would like to receive more information.
2. Fill out your name & address and **have your parent sign this form.**
3. Tear this one page out of the handbook and turn in ASAP.
4. **As soon as possible**, give this form to your 4-H leader **OR**



mail it to the 4-H office at: Robertson County Extension Office

408 North Main Street, Springfield, TN 37172 **OR**

FAX #: 615-384-2941 **OR** e-mail [kbfinley@utk.edu](mailto:kbfinley@utk.edu) or [tmann1@utk.edu](mailto:tmann1@utk.edu) **OR**

bring it by the Extension Office 7:30 a.m. - 4:30 p.m. Mon.-Fri.

### ANIMAL SHOWS

- Market Hog
- Beef Heifer
- Beef Steer
- Dairy
- Horse
- 4-H Chick Chain
- Sheep
- Meat Goat

### OTHER ACTIVITIES

- Talent Show
- Clover Style Show
- Fun w/ Fashions
- Sewing Classes
- 4-H Wildlife Plot Contest
- Cooking Classes
- Help with June Dairy Month events

### **2020-21 Program Year**

#### Shooting Sports

- BB  Archery
- Shotgun (5th grade and up)

#### JUDGING & QUIZ BOWLS

- Horse Judging
- Livestock Judging
- Forestry Judging
- Poultry Judging
- Dairy Judging
- Horse Bowl/Hippology
- Clover Bowl
- FCS Skillathon

### SPIN CLUBS (special interest) -

- Sewing
- Robotics
- Photography
- Design (arts & crafts)
- Culinary
- Horse

Other \_\_\_\_\_

Availability of project groups and activities based on interest and volunteer leadership.

Your Name \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_  
(House number and street or P.O. Box)

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_ Zip Code \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Check this box if you are interested in more information about volunteering.

# Don't overlook an opportunity to belong, to participate, to learn, to HAVE FUN!

The UT Extension Office is home to Robertson County 4-H. We primarily keep in touch with middle and high school youth via e-mail. We also maintain an updated website at <https://utextension.tennessee.edu/robertson/Pages/default.asp> or just google UT Extension-Robertson County. By turning in this form, we will include you on a mailing or e-mail list to receive information about your selected interests.



## CAMPS

### JUNE DAIRY MONTH 2020

- Dairy Poster
- Promotion Activities

### COUNTY FAIR

- Youth Fair Board (2021)
- Assisting at Fair (2021)

- Target SMART (5th-12th shooting sports camp)
- Electric Camp (6<sup>th</sup> & 7<sup>th</sup> may have partial scholarships)
- O.W.L.S. Camp (6th—9th at Land Between the Lakes)
- Culinary Camp (7<sup>th</sup>-8<sup>th</sup> ) (may have partial scholarships)
- Junior Camp (4th-6th sign-up on February 28)
- Jr. High Adventure Camp (6<sup>th</sup>-8<sup>th</sup>)
- Behind the Scenes FCS Camp (8th - 12th)
- Academic Conference (6th—8th only by application)
- Southern Region Teen Leader Conf. (9th - 12th)

## SPECIAL OPPORTUNITIES

*I am interested in.....*

- Attending State Congress (9th-10th)
- Becoming an Honor Club member-6th grade & Up
- Becoming a 4-H All Star (9th—12th)
- Making a 4-H project portfolio to win trips and scholarships and for recognition & go to 4-H Roundup
- Helping with Nutrition Adventures at local schools
- Meeting 4-H clubs as a teen leader (9th-12th)
- Attending teen spring or fall retreats (9th-12th)
- Teaching a Summer 4-H Fun Stop
- Attending the County Wide 4-H Teen Club

## MORE JUDGING TEAMS

- Consumer Decision Making  
(9th—12th on Jan. 1)
- Dairy Products Judging  
(9th—12th on Jan. 1)
- Wildlife Judging
- Meats Identification
- FCS Skillathon (6th—12th  
on January 1 of current year.)

Google Tennessee 4-H or UT Extension-  
Robertson County for more info online.